


FIS INFORMATION JWSC & U23 WSC LAHTI 2019



- **Entries by name**

- Until tonight 23:59

- **ICR 352.3.2**

- Yellow card sheet clean for the JWSC & U23 WSC
- 2nd yellow card (written reprimand)  DSQ

- **Pole measurement for classic technique**

- Random checks, if not sure come to the Jury

- **Commercial markings**

- Gloves – total surface per glove 15cm², possible to split in 2 areas
- Goggles – goggle straps total surface 15 cm², possible to split in 2
- Clothing
 - Total surface of all markings 450 cm², single marking 100 cm²
 - In addition 20 cm² on the rollneck (possible to split in 2)
- Headgear
 - 2 commercial markings, 15 cm² placed above the ears
 - Front must carry NSA emblem 6cm²
 - 50 cm² for commercial marking

- **No Skiathlon**
 - 15/30 km Mass Start C, no ski exchange allowed
- **WhatsApp communication:**
<https://chat.whatsapp.com/AoWKhRK0Uxb3iD0ID2EKng>
- **Medal ceremonies**
 - No flower ceremony
 - All medal ceremonies after the race, for top 6, top 3 teams
 - With bibs on the jacket, equipment on the podium allowed, **NO** national flags. Possible after the ceremony
- **Anti-doping education session**
 - Anti-doping education session, by FINADA, FIS, Aino-Kaisa Saarinen
 - Vierumaki, Tuesday 22nd January, 19:30 EET

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